

TELEVISION. BOTANY VS. THE ATOM BOMB

WATCH ACTRESS OLIVIA WILLIAMS IN 'MANHATTAN' PAGE 07

metro

BOSTON Wednesday, July 23, 2014 www.metro.us | t: MetroBO5 | f: MetroBoston

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La-di-da! Diane Keaton teases Michael Douglas

PAGE 08



Decor trend: How to go ombre on your walls

PAGE 10

Back to the gridiron: Pats report to training camp

PAGE 13

Bay State readies to aid in immigration crisis



Massachusetts. Two state facilities have been identified to temporarily house hundreds of immigrant children who are fleeing Central America. We tell you what you need to know about the controversial program that is receiving mixed reactions. PAGE 02

It is unknown how many children, like those being held at a U.S. Customs and Border Protection Processing Facility seen here, would be housed in Massachusetts, but roughly 1,000 are expected. J GETTY IMAGES



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Questions linger over the sheltering of migrant kids

Massachusetts. Not everyone agrees with the Bay State's commitment to house hundreds of desperate children.

Massachusetts residents and lawmakers are awaiting specifics after Gov. Deval Patrick announced that the state will open its arms to as many as 1,000 unaccompanied children who are fleeing violence in Central America.

Patrick said Friday he has offered to house the minors, who are between the ages of 3 and 17, in a temporary shelter at either the Joint Base Cape Cod in Bourne or Westover Air Base in Chicopee as they await immigration processing.

It's not clear when the children will arrive, or where they will ultimately end up, but while they are in Massachusetts they will be provided with food, a bed, medical screening and education paid for by the federal government.

The children are fleeing the threat of rape, murder and gang violence, as well as poor economic conditions in Honduras, Guatemala and El Salvador, according to Eva Millona, executive director of the Massachusetts Immigrant and Refugee Advocacy Coalition, the state's largest organization representing the foreign born.

"Death is a certain possibility for them," she said. "All we are doing is opening the facility that will house them and offering necessary, basic needs."

It's not the first time the state has offered shelter in the



A pro-immigration group gathered on the front steps of Lynn City Hall on Tuesday. / NICOLAUS CZARNECKI, METRO

How did we get here?

The Obama Administration has sought help from states in response to the overwhelming arrival of unaccompanied minors.

- Since last fall, more than 50,000 children have taken perilous journeys from Central American countries to cross the border.

- Patrick said the average shelter stay would likely be 35 days, though the federal government has asked that the minors be housed for up to four months.

- It is not certain that the children will come to Massachusetts, or exactly how many would arrive.



Visit **Metro.us** to read what Gov. Patrick has said about sheltering the minors.

face of a humanitarian crisis.

Hundreds of Gulf Coast residents who were displaced by Hurricane Katrina received relief in Massachusetts, as did survivors of the 2010 Haitian earthquake.

Regardless, not all are convinced that the governor's decision is the right one.

House Minority Leader Brad Jones said House members and constituents are concerned over unanswered questions about the cost, duration of stay, effect on local communities and the long-term ramifications of sheltering the minors.

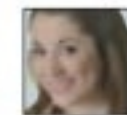
"There is a certain level of apprehension about what the federal government says, and what is actually going to happen," said Jones.

Despite the state's history of helping outsiders in desperate situations, Millona said resistance in this instance is likely due to nationwide debate over border control.

"It's very emotional to many, and I think the fact that it's happening at a time when immigration reform is the issue of the day is one of the key points of the opposition," she said.

But Jones believes that sheltering the minors will not address the problem at hand: violence in Central America.

"If they are leaving because of violence, and the violence doesn't stop, it will push even more to come," said Jones. "Unlike a natural disaster, which has a beginning, a middle and an end, nothing seems to show there is going to be an end to this."



MORGAN ROUSSEAU
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Cambridge. NBC: Local man gave Tsarnaevs gun

A Cambridge man facing federal gun and drug charges is allegedly the person who supplied the Boston Marathon bombing suspects with the gun they allegedly used to kill an MIT police officer.

Indictments charging Stephen Silva were unsealed Tuesday, according to court

records, but made no mention of the Tsarnaev brothers. Citing sources, NBC News reported that Silva is the source of the gun used to kill Officer Sean Collier days after the bombings.

Authorities have accused the Tsarnaevs of fatally shooting Collier before starting a gun battle with police. **METRO**

Crime

Cops: Suspect left keys at burglary

Police in Chelmsford are seeking a Lowell man for questioning regarding a burglary in which the man's keys were found left at the scene.

Joel Nieves, 28, is wanted by police for arrest on charges of armed burglary.

On June 28, a resident returned home and found his

sliding door open. The resident was on the phone with 911 when the suspect approached and threatened to kill the resident before fleeing.

Police said they believe the suspect returned to the scene to retrieve a backpack. Inside the backpack were mul-



NIEVES
CHELMSFORD PD

tiple items from the resident's home as well as a set of keys that did not belong to the resident.

Detectives took the keys to a locksmith who were able to trace the keys back to an apartment where Nieves had been staying, police said. **METRO**

1 NEWS

Today's tweet

"On the red line from hell! No air conditioning and way too many people crammed in! #mbta #redline #boston"

@LGHale would prefer the red line from heaven.



Top 3

What's trending online at Metro.us

1 'Sheryl Crow: Better to have 3 broken engagements than 3 divorces'

2 'Video: Pro-Russia WWE wrestling manager uses Malaysia Airlines Flight MH17 in storyline'

3 'Justin Bieber's bucket hat: What's up with that?'

HAMAS: Guilty of Killing Innocent Palestinians and Israelis

HAMAS CHARTER, ARTICLE 13:

"Our struggle against the Jews is extremely wide-ranging and grave... [Peace] initiatives, the so-called peaceful solutions...are all contrary to [our] beliefs...There is no solution to the Palestinian problem except by Jihad."

WHAT HAMAS DOES

- Fired 14,000 rockets at Israeli civilians since 2006, and over 2,000 rockets at Israeli civilians in the past two weeks alone
- Uses hospitals, schools and homes to store and fire its rockets at Israeli civilians, in order to increase the risk that Palestinian civilians will be killed in the cross-fire
- Uses Palestinian children as "human shields" behind which to launch military strikes against Israeli civilians, intentionally endangering Palestinian men, women and children



WORLD LEADERS CONDEMN HAMAS

"The missiles that are now being launched against Israel, each and every missile constitutes a crime against humanity, whether it hits or misses, because it is directed at civilian targets."

**-U.N. AMBASSADOR IBRAHIM KRAISI,
PALESTINIAN REPRESENTATIVE TO THE
U.N. HUMAN RIGHTS COUNCIL, MEMRI-TV**

" Hamas was perfectly well aware of what would happen if they started raining rockets into Israel. They fired 1,000 and they have a strategy designed to force Israel to kill their own civilians so that the rest of the world will condemn them."

- FORMER PRESIDENT BILL CLINTON, NDTV

"The fact is that Hamas uses civilians as shields and they fire from a home and draw fire into a home."

- SECRETARY OF STATE JOHN KERRY, CNN

"The indiscriminate rocket attacks from Gaza on Israel are terrorist acts, for which there is no justification."

**- CANADIAN PRIME MINISTER STEPHEN HARPER,
OFFICIAL STATEMENT**

"The violent, deliberate targeting of innocent civilians by Hamas is deplorable and must end. Israel has every right to defend her people from terror, and our country stands by her side."

**- U.S. REPRESENTATIVE JOSEPH P. KENNEDY,
MEMBER, HOUSE FOREIGN AFFAIRS COMMITTEE**



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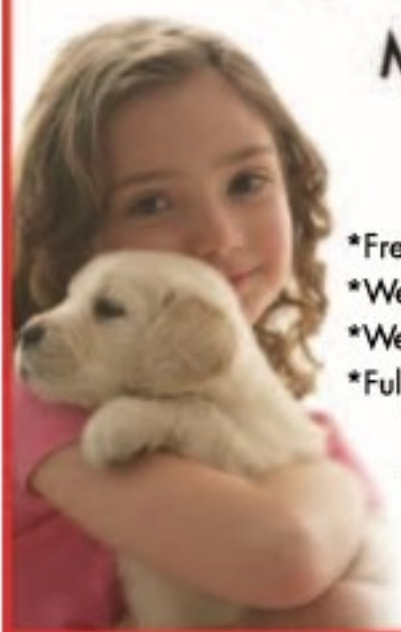
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4



Getting a feel for the game

Members of Liverpool Football Club helped students at the Perkins School for the Blind learn the game of soccer during a visit to the Watertown school on Tuesday. Liverpool is in town to take on AS Roma during a "Football at Fenway" game at Fenway Park today.

NICOLAUS CZARNECKI, METRO

Goatscaping. Have you herd that goats will eat Hyde Park's poison ivy?

Four goats-for-hire are gearing up to chow down on some Hyde Park poison ivy.

The hungry herd hails from The Goatscaping Company in Plympton, and this morning they'll be placed at a wooded area near West Street, where they will live for eight weeks on a diet of invasive plants.

Elaine Philbrick, who co-founded the company in 2012, describes "goatscaping" as a safe and effective way to get rid of unwanted brush.

"We read about goats being used like this out West, and we thought, 'What a great idea,'" said Philbrick.

The herd eats about a quarter-acre per week.

The Southwest Boston Community Development Corporation brought the idea to Boston Mayor Marty Walsh, who was eager to give the goats a test-run.

MORGAN ROUSSEAU



Poison ivy is baaaaad.
THE GOATSCAPING COMPANY

Quoted

"We have a lot of urban wild that we're not able to get to. Some may be overgrown and look like an eyesore. The goats will eat everything, and that way we're not putting our workers at risk by sending them in there."

Ryan Woods, Boston Parks spokesman

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Mystery mom suspected in theft of wallet from Revere Fire Department

Revere. The firefighter was out on a call when his wallet was stolen.

Revere police are asking for the public's help to identify a woman who they said stole a firefighter's wallet while he was out on a call.

Police on Tuesday released surveillance images of the woman with the hope that someone will recognize her.

On July 7 firefighters left the Revere Central Fire Station on Broadway to battle a fire near Revere Beach, police said. Upon returning, a firefighter left his wallet in the station to dry out after it got wet while at the scene.

While the fireman and one crew member left for another call, a woman, along with two children, entered the fire house and walked around. Police said she later took the wallet and left.

The credit cards from the wallet were then used later that evening at various stores including Target and Payless.



MICHAEL NAUGHTON
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Police said the woman, inset, walked right into the Revere Central Fire Station on Broadway and helped herself to the wallet. / NICOLAUS CZARNECKI, METRO

'It's sad'

Revere Fire Chief Gene Doherty said that crews were busy on the day of the alleged theft. One crew member was at the station when the woman entered through a side door, but they were still upstairs after returning from an earlier call.

- "Too trustworthy I guess," said Doherty. "It's sad."
- Doherty said that video surveillance at the station captured footage of the woman walking around the department.

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Dwanna McGee
Sunday July 6
Drop for Healing

12 years of debts
I had debts piling up for over 12 years, and to make things worse, I couldn't hold a steady job. I received the Anointing with the Oil and determined a financial blessing in my life. Today all my debts are paid, and I have the job I wanted that pays me more than the ones I lost.

Suzzane Sharidan
Sunday July 13
Drop for Finance

Anger was destroying me
I had anger bottled up inside of me against someone that had hurt me. I tried to put it behind me, but I couldn't. It got to the point of me wanting to kill them. I received the Anointing Oil and started to anoint my head, and prayed for myself. That's when I started to see things differently and I was able to forgive. Today I have nothing against them.

Andrew Dixon
Sunday July 20
Drop for Family

Sunday at 12:30pm 763 Dudley St, Dorchester - 617-265-9069

2

CULTURE

THE WORD

Ned Ehrbar takes on the world of gossip.



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Efron's curious walk of shame



Zac Efron and Michelle Rodriguez's summer fling seems to be going strong, as the "Neighbors" star was spotted leaving the "Fast and the Furious" actress's home on a recent morning, overnight bag in hand, according to E! News. The pair were reportedly living it up the night before at the Chateau Marmont with some pals, including Robert Pattinson. But Efron's overnight bag wasn't his only interesting accessory during his walk of shame: He also carried a skateboard and donned a jacket with a ferocious tiger on the back.

1

A Beatles landmark destroyed by beetles



George Harrison is seen in his pretty youth. / GETTY IMAGES

The world has a sick sense of humor sometimes. Case in point: George Harrison's memorial, planted 10 years ago in L.A.'s Griffith Park to honor the late Beatle. The pine, which had grown to more than 10 feet tall, has been felled by beetles. Los Angeles city councilman Tom LaBonge tells the L.A. Times that the living memorial to Harrison had fallen victim to "bark beetles and ladybug beetles, among other tree-unfriendly creatures." But at least there are plans to plant a replacement. Let's hope the insects haven't set their eyes on Strawberry Fields next.



Rest in peace, George.

FLAVORFULADVENTURES.WORDPRESS.COM

Stone live-texted 'Bridget Jones' to Firth



Emma Stone won't leave her "Magic in the Moonlight" star alone. / GETTY IMAGES

It turns out being pals with Emma Stone can get kind of annoying, especially if you're a film star. Her "Magic in the Moonlight" co-star, Colin Firth, says his mobile was blowing up while Stone watched his 2004 film "Bridget Jones: the Edge of Reason" because the actress decided to live-text the plot to him. "She's talking through my back catalog via text," Firth tells the Daily Beast of the experience. "I might decide to not revisit stuff in the past, and then you get a good friend saying, 'Oh, when you were doing this you had this and that expression on your face.'" Stone, for her part, totally cops to the text barrage, but seems to have no remorse. "You were very upset with me, if I remember correctly," she tells Firth.



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TELEVISION

7

Interview. Actress Olivia Williams turns botanist for TV's 'Manhattan'

For certain movie lovers, Olivia Williams will always be Rosemary Cross, the object of affection for Jason Schwartzman's Max Fischer in "Rushmore." But Williams doesn't mind. "I love that film," she says. "I still get the best fan encounters with 'Rushmore' fans and the best job offers, frankly. The only time I get offered a job without having to audition is from someone who loved 'Rushmore.'"

Her new project is decidedly less whimsical. She plays Liza Winter, the wife of a physicist working on the Manhattan Project on "Manhattan." The show is shot on a reconstructed version of the historic research base in New Mexico. Because of the name, Williams jokes, "I was planning on spending five months in New York. It was a bit of a rude shock to realize it would be five months in New Mexico."

Williams had some trepidation about going to the desert for the show. "To me, as an English person with rolling hills and Wordsworth, a

desert is a negative term. But I have to say, after five months here, it's intensely beautiful," she says. On the other hand, filming in the desert does come with some practical concerns. "Keeping your eyes open and trying to act any emotion other than being pissed off in a dust storm is very, very hard."

It's not Williams' first role in this era. She played Eleanor Roosevelt in 2012's "Hyde Park on Hudson" and sees parallels: Liza devotes time to supporting her ambitious husband, but has a will of her own. "Eleanor represented a highly educated group of women who made their husbands' lives a misery if they disagreed with their political views. I think Liza is an honorable member of that," says Williams.

Liza's Ph.D. in botany comes in handy as she notices oddities in the plant life in town, no doubt caused by radiation. "I think she's a sort of tropic figure. She's Cassandra. She has the gift of prophecy, but the curse of never being believed," says Williams.

LISA WEIDENFELD



WILLIAMS' CHARACTER FINDS HERSELF QUESTIONING HER CHOICE TO PUT ASIDE HER OWN CAREER.
GETTY IMAGES



"Manhattan" premieres July 27 at 9 p.m. on WGN America. / GREG PETERS

Career choices

Marriage of equals

Liza's life on the base might be different from a modern woman's, but holding off on your career while your partner pursues an opportunity remains common. Williams says Liza may have agreed to help her husband pursue "his greatest career opportunity," but she may now be "beginning to rethink that decision."

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FILM

8

Still learning

How she's gotten better over the years

"In the beginning, it was harder for me to be in a serious drama because of the language. When you hear Judi Dench or Helen Mirren or Meryl Streep, they have great verbal



facility. I come from a place of less language. It was harder for me to do straight, serious roles because I wasn't comfortable with the words. I think I've gotten better at that. I don't think I have a better grasp of any other skill. I really don't. I'm still learning. [Well,] not really."

Legend. 'And So It Goes' star Diane Keaton is the same in life and on film

Diane Keaton is exactly what you'd expect. Talking to her is like talking to Annie Hall. Woody Allen based the character on Keaton, and in real life, the actress is as giggly and nervous, spouting off words with only the slightest anxiety about what they are. She does the same thing in "And So It

Goes," the new film where she and Michael Douglas play a widow and widower who find autumnal love.

As she's done in movies before, she sings—but not well, she says: "I had insane fantasies about me singing. But they quickly fell apart when I

started. I have a little tiny voice and not much there. I wish I had a big voice. Can you imagine singing if you could sing like Beyoncé? That sound coming out of your head? What does it feel like?"

On not knowing Douglas or director Rob Reiner till now:

"You have this sense there's a community out there [in L.A.], but there really isn't. Maybe in New York there is—maybe the theatrical world is more unified. But in California, it's very isolated. There are tiny pockets, but basically no. I met [Douglas] once. I think. Once you meet him, hello. Then I met him when he was going to win that big award that he won. What was it? The AFI. And he was telling me he was going to win the AFI award. That's all I know about him. I don't know anybody." **MATT PRIGGE**



DIANE KEATON PLAYS A WIDOWED LOUNGE SINGER IN "AND SO IT GOES."

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WELLBEING

9



Sleep debt damages your health more than you might think. / WAVEBRAIN MEDIA

Con

The case against naps

Scientists at the University of Pennsylvania found that lack of sleep kills brain cells. By studying sleep deprivation in mice, researchers discovered that prolonged wakefulness damages a type of neuron known as LCNs, or locus ceruleus.

The study's lead author, Dr. Sigrid Veasey, says catching

a few hours of extra sleep may feel beneficial, but it's still not enough to catch up on long-term sleep debt: "Our work suggests that in the long run, regular use of weekend catch-up sleep may not lead to a full recovery for the brain. These are changes that are either irreversible or take longer than a nap to remedy."

One more debt you don't want

Zzz. Sleep debt is harmful — but are naps the answer?

As a new mom with a demanding career, Kristen Perullo was up every couple hours during the night with her baby. Her schedule of sleeping only for short periods, parenting and putting in full days at the office was taking its toll. But when she was struck with what she calls the "worst headache of her life" at work one day, she knew something was terribly wrong.

"I didn't want to make a big deal about it," Perullo says. "So I got up and went to the ER."

The news wasn't good. Perullo's immune system was so

severely weakened by sleep deprivation that she had contracted viral meningitis.

Perullo is just one of the 70 million Americans who suffers from sleeping disorders. This deprivation, known as sleep debt, can cause damage that's much more severe than needing a couple extra shots of espresso in your latte.

The Centers for Disease Control and Prevention recently declared Americans' lack of sleep an epidemic; it's so damaging that it can cause health problems including high blood pressure and diabetes. And while many people say that a power nap recharges them, a new study shows catching just a few Z's may not help in the long run.

MEGAN JOHNSON
@MetroBOS
letters@metro.us

Tips

The CDC offers the following tips for better sleep:

- Try to maintain a schedule of going to bed and getting up at the same time each day — even on the weekends!
- Your bedroom should be a quiet, dark and relaxing environment kept at a moderate temperature.
- Keep your bedroom separate from the rest of your life. Avoid reading, watching TV or listening to music, and keep out any gadgets such as cell phones or laptops.
- Don't eat large meals before going to bed.



PLUS

Pro

The case for naps

The secret weapon of Northwestern University's football team isn't extra practice or strategy sessions. Last year, the Chicago Tribune reported that players wore sensors that monitored the amount of sleep they got, as well as its quality level. By enacting mandatory nap time for his players, the coach saw improvements in performance.

And this practice isn't just utilized by students. For major companies such as Cisco, the Huffington Post and Google, napping has become an accepted part of work life.

Justin Lee, a Ph.D. candidate in a joint Harvard-MIT program, is a frequent napper working to eliminate the groggy feeling you get when you're awakened from deep sleep, known as sleep inertia. Lee is the inventor of Napwell, a sleep inertia mask that mimics a sunrise, waking you up gradually. "Naps can boost your productivity throughout the day," says Lee, who hopes to start selling Napwell this fall.

NAPWELL SLEEP
INERTIA MASK
PROVIDED

This week in health news. Feeling grateful leads to financial patience

Results: A team of researchers assessed impatience by requiring participants to choose between instant gratification or future monetary rewards. Would you rather have \$54 right now? Or \$80 next month? To see how mind-set affected decision-making, participants wrote about an event that made them feel grateful, happy or neutral. The happy

or neutral group took the immediate payout. However, grateful people were more likely to hold off.

Significance: A simple gratitude exercise may help curb impulse spending.

"Momentary experiences of gratitude were enough to increase financial patience by 12 percent," says David DeSteno

of Northeastern University. "This suggests that gratitude could enhance savings behavior and self-control."

Content provided by ZipTrials.us,
a trusted source for health news
and clinical trial registration

ZipTrials.us
powered by metro



The cast of "Project Runway All Stars," including designer Isaac Mizrahi, left, and Alyssa Milano, second from left, ring the Nasdaq closing bell on Monday. Weighing short-term gains against long-term rewards, such as when investing in stocks, being grateful for what you've already achieved could help you make better financial decisions. / GETTY IMAGES

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metro

www.metro.us
Wednesday, July 23, 2014

HOME

10

Wallscaping on a budget

Do it yourself.

Matthew Mead says skip the wallpaper and create an ombre accent wall instead.

Tip

Start small

If you're nervous about doing a whole wall, Mead says, "You can [create the effect] on anything — furniture, room screens or giant canvases." He looks for cheap finds in flea markets.

"Do ombre on a plain birdcage [that's] just a supporting role in your decor, and it now has a starring role," he says.



Go with pink for a feminine feel. / PROVIDED

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Wallpaper costs a fortune. Matthew Mead, stylist and co-editor of Backyard Style magazine, gets creative with Wagner Spray Tech and shows us how a little spray paint goes a long way when it comes to decorating your home.

assures us the effect is easy to create. Here's how:

1 "Start by picking three colors," says the stylist. "One way to foolproof it is to look at paint chips that are already gradient in color so you can start with the darkest one and move up two steps."

Ombre is trending

The ombre effect is one of the hottest trends right now when it comes to interior design, Mead says. "It's a way to make a statement — almost like having a piece of art." While the trend — like on those popular pastel wedding cakes or Giambattista Valli's recent couture skirts — looks incredibly intricate, Mead

2 "Coat the wall with the lightest tone first. Then paint from the bottom with the dark tone, and at last use the medium tone," says Mead. "Divide the wall into three different areas before you start painting, so you know where to start and stop."

LASSE E. KRISTIANSEN
@metronewyork
letters@metro.us

Tool

Professional touch

To make the process even easier, Mead used Wagner's Flexio paint sprayer for the project. "It's great because it's such a fine mist that you can easily blend in the colors," he says.



WAGNER FLEXIO 590 PAINT
SPRAYER KIT,
WWW.HOMEDEPOT.COM

THEATER

'Wonder of the World'

Thursday through August 9
Arsenal Center for the Arts
321 Arsenal St., Watertown
\$25, 617-923-8487
www.titanictheater.org
Titanic Theater Company presents this comedy by David Lindsay-Abaire. After discovering her husband's bizarre fetish for Barbie doll heads, our heroine, Cass, leaves on a soul-searching journey to Niagara. It only gets weirder from there, involving, among many other things, a clown therapist and a giant jar of peanut butter. Sounds like a nice slice of absurdity for your midsummer evening.

FESTIVALS

FIGMENT Boston

Saturday and Sunday
Rose Fitzgerald Kennedy Greenway
Free
Boston.figmentproject.org
What began in 2007 in New York has since spread, memelike, to other cities. This community-focused arts event, now in its second year in Boston, has the stated goal of bringing "free, inclusive and participatory art" in every form to the people for one super-fun weekend and then disappearing without a trace. And it's totally free. Seriously—selling things isn't even allowed.

MATTHEW DINARO

ART

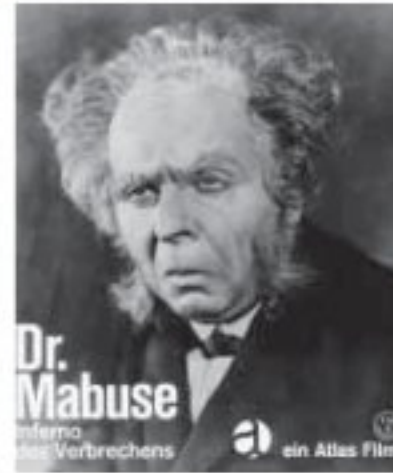
JUDY RIOLA



'Black/White'

Through August 2
Bromfield Gallery, 450 Harrison Ave.; Free
617-451-3605 www.bromfieldgallery.com
This show features 13 artists working in a variety of media, with each tackling the challenge of working with a limited color palette. It's not always strictly black and white, but it's always very minimal, colorwise. One commonality among the diverse responses is an emphasis on texture. (Or perhaps it just seems to stand out more without color.)

MOVIES



PROVIDED

'Dr. Mabuse, the Gambler'

Sunday, 6 p.m.
Harvard Film Archive, 24 Quincy St., Cambridge; \$7-\$9; 617-495-4700, hcl.harvard.edu/hfa/
This 1922 thriller by German expressionist director Fritz Lang examines the outrageous figure of the title, a crime lord, master of disguise and hypnotist extraordinaire who uses his mind-swaying powers to become the world's greatest hustler and then some. The silent film is presented here with live musical accompaniment, part of a summer-long showing of all of Lang's films.

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AUGUST 16



HUMAN NATURE

AUGUST 17

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The Weekly Yelp. We all scream for ice cream once the weather heats up

Snag a promotion at work? Find a loaded CharlieCard? Witness the Sox actually win a game? Diagnosed with lactose intolerance? Who are we kidding — any time's a good time for a celebratory ice cream cone. Here's the scoop on Yelpers' favorite shops around Boston.

Cookie Monstah

Mobile truck, various locations

Imagine two warm red velvet cookies hugging together a huge scoop of peach ice cream freshly prepared just for you. You raise your hands to the air and accept the blessing bestowed upon you and then take a bite and enter into pure ecstasy.

NISREEN G.



You can find out where the Cookie Monstah truck is going to be on any given day by visiting www.theCookieMonstah.com. / JOHNNY L., YELP

FoMu

617 Centre St., Jamaica Plain

FoMu is freaking awesome. They serve vegan ice cream only, but once you taste this stuff you will wonder how such delicious taste could be the product of — I'm not sure how else to say this — milking a nut. I



was pretty sure I'd die happy if the last thing I ever ate was the pistachio-cardamom flavor (coconut-milk based). JASON L.

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Horoscope

♌ Leo | July 23-Aug. 22.

You will regret an emotional outburst. If someone you care about is upsetting you, remain calm. An argument will not solve anything.

♍ Virgo | Aug. 23-Sept. 22.

Make sure to maintain good health. Stick to a nutritional diet. Acquaint yourself with fitness plans, and get active with a positive challenge.

♎ Libra | Sept. 23-Oct. 22.

You will gain a lot of pleasure and satisfaction from a cultural or artistic hobby. Indulge your creative needs. Choose a project that excites you.

♏ Scorpio | Oct. 23-Nov. 21.

Indulge in private activities or personal training that can boost your confidence. Consider a day trip to an interesting destination. Domestic tension is best left alone for now.

♐ Sagittarius | Nov. 22-Dec. 21.

Make travel plans, or set your sights on another adventure that is sure to capture your interest. Get together with an old friend and share memories. Look back and move forward.

♑ Capricorn | Dec. 22-Jan. 20.

Devise a firm plan that will ensure a brighter future. You will be clearheaded and industrious, allowing you to hone your skills and discover what can help you achieve your goals.

♒ Aquarius | Jan. 21-Feb. 18.

Entertainment and friendly gatherings should highlight your day. You will inspire others and be inspired yourself. Share your most spectacular and original ideas.

♓ Pisces | Feb. 19-March 20.

Your vivid imagination will lead to many possibilities and interesting pursuits. Write down any ideas that come to you. Decide the best route to take, and travel it with vigor.

♈ Aries | March 21-April 20.

Show your leadership abilities in organizational settings. Your contributions will bring great respect. A romantic relationship will enhance your personal life.

♉ Taurus | April 21-May 21.

Avoid confrontations. You may feel that your goals are out of reach, but that doesn't mean you should give up. Address your game plan to see if you need to change your strategy.

♊ Gemini | May 22-June 20.

You'll attract attention with your personal philosophy. Present a confident attitude. Your dreams will come to pass if you forge ahead with ingenuity.

♋ Cancer | June 21-July 22.

Do a good deed by offering your knowledge to someone who could use a helping hand. Review your personal papers to ensure that nothing has been overlooked. **BERNICE BEDE OSOL**

Letters

War crimes wrought in plane crash

There is information surfacing that the Russian military aided rebels with the missile that obliterated the Malaysia Airline Flight 17. Meanwhile, Russian President Vladimir Putin denies the accusations. Yet the world cries out for answers and justice, now that 80 children were murdered of the 298 on board. Added to all that the Ukrainian rebels have been reported to have

desecrated the bodies and who have robbed the victims of credit cards, cell phones and other valuables. In my view, war crimes have been committed and a War Crimes Tribunal needs to be established. All those involved need to be summoned and that trail goes all the way to the Kremlin and President Putin.

These acts are crimes against humanity and all responsibility must be brought to justice. Remember that evil thrives when governments of the world do nothing.

FREDERICK R. BEDELL JR., VIA EMAIL

Letter writer right about cause of child immigrant crisis

Re: 'Obama to blame' (Metro, July 22)

Kudos to letter writer Kevin Metz. He states the facts as they are, which is amazing, because nobody can seem to do that in this horrible country of ours, which our beloved politicians are ruining. My thoughts exactly about how

these countries have been in this kind of turmoil for years and now why all of a sudden is this influx happening.

There is an answer: OBAMA. His words, "now is the best time to send your kids to America" keeps ringing through my ears. It is so disturbing and must be stopped. This country is headed for disaster.

JULIA LEEZ, VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Sudoku: Easy and hard

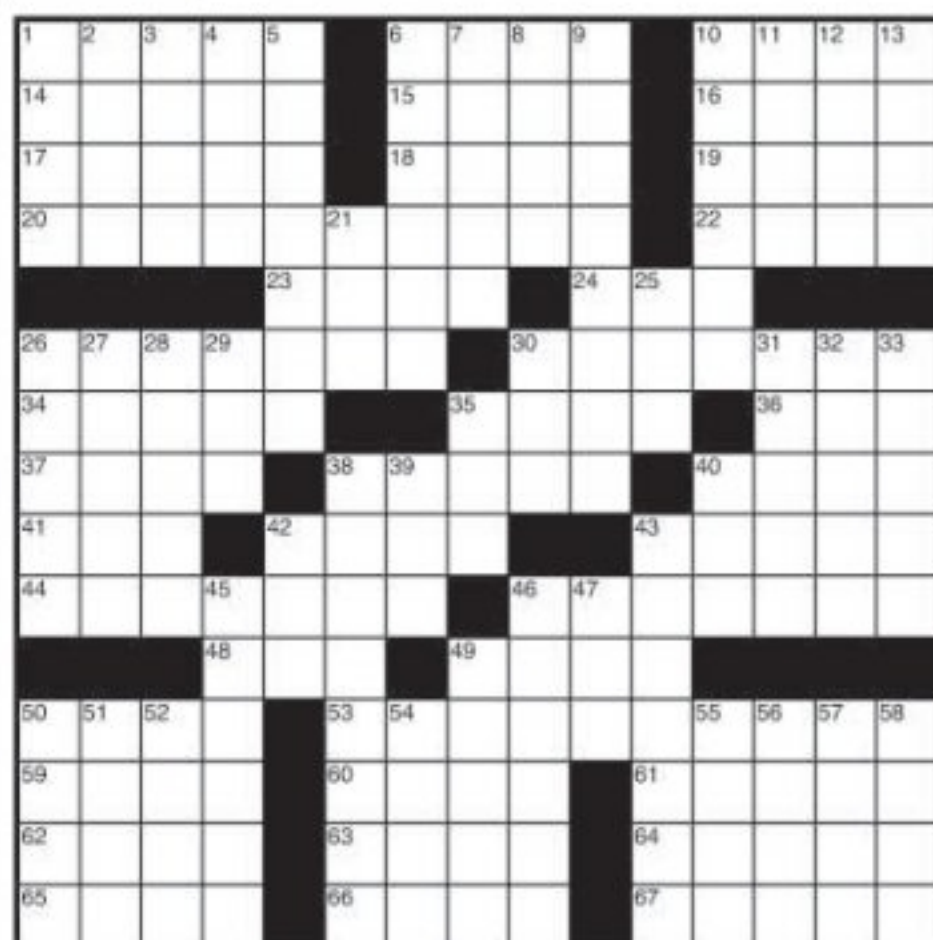
				8				3
	9	5	3			4	8	
				5	1	4		2
	2		7					1
		9				3		
	3				5		9	
3			4	6	9			
	8	6			1	7	5	
2				5				

1			3	2		8		
		8					1	
	7			8		4	6	
	4		6			1	7	
3								4
	2	1			3		5	
	3	6		7			8	
	1					2		
		2		3	5			6

How to play

Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

**Across**

- 1 Santa —, California
- 6 Feline response
- 10 Agreement
- 14 Honey factories
- 15 Drama prize
- 16 — St. Vincent Millay
- 17 Fields
- 18 Tigger's pal
- 19 Loud noises
- 20 Keep going
- 22 Four Corners state
- 23 Absorbed
- 24 Eyebrow shape
- 26 Driving force
- 30 Lunar features
- 34 Valleys
- 35 Doctor's advice
- 36 Scribble down
- 37 Arab VIP
- 38 Check endorser
- 40 Brief note
- 41 Vigoda or Fortas
- 42 Fingerprint, maybe
- 43 More congenial
- 44 Pretty beetle

Down

- 46 Ghost
- 48 Dangerous curve
- 49 German industrial region
- 50 Kind of pickle
- 53 Flower with "jaws"
- 59 Cruel
- 60 Davenport's state
- 61 Breathing
- 62 Hunter's garb
- 63 CFL's — Cup
- 64 Potato
- 65 Was in the loop
- 66 Zip
- 67 Revise
- 6 Infield flies (hyph.)
- 7 "Lusitania" sinker (hyph.)
- 8 Uprising
- 9 Practice
- 10 Subtract
- 11 Shorten an article
- 12 Freud's daughter
- 13 Mascara target
- 21 Frat letter
- 25 Hamelin pest
- 26 Best possible
- 27 Deadly snake
- 28 Worked at a trade
- 29 Poetic adverb
- 30 So-so grade
- 31 Bounce
- 32 Bard's teen
- 33 Attack, as a castle
- 35 Reuben bread
- 38 Sum thing? (2 wds.)
- 39 Dog days mo.
- 40 Least amt.
- 42 ABC rival
- 43 Recount
- 45 Bright color

Visit us online at **Metro.us**.

Use your smartphone to find today's crossword answers! Download and open the Blippar app on your smartphone and hold the screen over the puzzle.

Yesterday's answer

- 46 Tropical melon
- 47 Ate for dinner
- 49 Made logs
- 50 Pack of cards
- 51 Tsar name
- 52 Green fruit
- 54 Director — Ephron
- 55 Grad
- 56 Taunting remark
- 57 Kitchen appliance
- 58 Geek

Pats' top targets at camp

NFL. A look at the top receiving threats for the Patriots as training camp opens.

Six months ago, Peyton Manning was better than Tom Brady in a championship game. That certainly eats at Patriots fans. Most recognize, however, that much like the early portion of the rivalry between the two QBs, Manning had more talent.

While Manning was throwing to Demaryius Thomas and Wes Welker, Brady was trying to whistle balls into the arms of Austin Collie and Matthew Mulligan. A look at the status of Brady's top targets as of now.



MATT BURKE
@BurkeMetroBos
matthew.burke@metro.us



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GETTY IMAGES

Julian Edelman

No doubt, Edelman earned his four-year, \$17 million contract the old-fashioned way. The former college quarterback at Kent State had four 100-plus-yard receiving days in 2013 and the Pats went 3-1 in those games.

2013 stats: 105 catches, 1,056 yards, six touchdowns

Brandon LaFell

As a member of the Panthers, LaFell had a career-high seven catches in one game against the Pats.

2013 stats: 49 catches, 627 yards, five touchdowns

Danny Amendola

Rob Gronkowski's injury history is treated by most as something of a Polish tragedy. Amendola's injury history is looked at by most with skeptical eyes and raised eyebrows. It's not fair, but the double-standard is real. There have been whispers this offseason that the Pats could opt to cut Amendola later this summer if he doesn't impress in camp. No doubt, these next few weeks are crucial for the slot receiver.

2013 stats: 54 catches, 633 yards, two touchdowns

Filed under 'other'

Rob Gronkowski

Rob Gronkowski gave fans reason to be optimistic last Friday when he told ESPN's Mike Reiss that he plans to play the entire 2014 slate. The tight end didn't step onto the field until Week 7 last year after a frustrating stretch of "will-he or won't-he" to begin the season. As for the battles at camp, Kenbrell Thompson and Josh Boyce will be fighting for a roster spot. Newbies Tyler McDonald, Jeremy Gallon and Asa Watson will look to impress.

3

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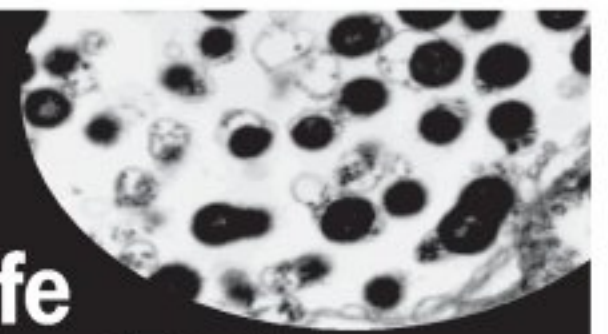
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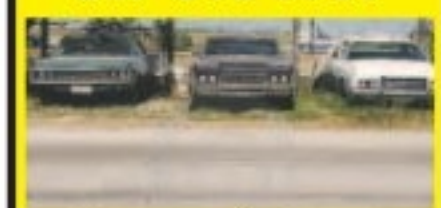
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